

THE HEDINGHAMS

PARISH MAGAZINE

JUNE 2026

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Welcome

Starting now

I was reminded recently of a TED talk given in Edinburgh back in 2012 by a psychologist named Amy Cuddy. Amy was talking about body language and about an experiment which had shown that those who physically held a confident pose for two minutes, before a job interview, were more likely to be given the job.

What I thought was most interesting was when she went on to describe how we might feel if we were given a job under those conditions. Would we feel we'd cheated in some way? Would we feel we didn't belong or we weren't up to it? She said that in situations where we feel out of our depth, we tend either to walk away, or to stay and to behave as if we belong. If we choose the latter, we learn more about how to complete the task required.

It made me think about kindness, and patience, and gentleness, and faithfulness, and all those characteristics which we might aspire to live out. Amy prompted me to recognise that when we act kindly, we become more kind. When we act with patience, we become more patient. When we act gently, we become gentler. When we act with faithfulness, we become more faithful. I found that inspiring. Our local churches are places, open to all, where we can spur one another on in doing these things. Let's live now as the people we aspire to be.

God bless you

Justin

Putting people in contact with organisations that provide services they need.. This service can help you with local social group; learning; entitlement benefits; fire and home safety checks; health & fitness; transport; carer's support and care services; volunteering and much more...

All Community Agent referrals and enquiries should go to Essex Wellbeing Service.

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Essex Wellbeing Service Opening Hours: Monday to Friday 8.00am - 7.00pm
Saturday 10.00am to 2.00pm

All enquiries, will be responded to during the opening hours above



Church Services



This information will always be available on the church website at hucbchurches.uk



June

	St Nicholas's Castle Hedingham	St Peter's, Sible Hedingham
Sun 7th	11am Holy Communion	9.30am Family Worship
Sun 14th	No Service	9.30am Family Communion
Sun 21st	11am Holy Communion	9.30am Family Worship
Sun 28th	No service	9.30am Family Communion

COFFEE MORNINGS



**St Nicholas' Church
Castle Hedingham
Every Monday
10.30am - Noon**

**St Peter's Church
Sible Hedingham
Saturday 20th June**

All welcome

Donations in aid of church funds

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Baptist Church



COME BACK

Come back to me
Because I am gentle and kind.
I'm slow to become angry with you
But very quick to forgive you!
So come back home to me
And be sorry inside your heart.
I'm waiting to forgive you.
Wherever you are
Whatever you've done,
Just come!

'OPERATION BUILD' We are

excited to announce this year's Holiday Club to be held at Hedingham Baptist Church! Our church building will be turned into a construction site, while we learn how Jesus calls us to build our lives on a firm foundation, one that will stand firm over the test of time.

The holiday club will take place from 3rd – 7th August, from 9.30 – 12.00 and is

open to children between going into Year 1 to Year 6. Each day will include a story from the Bible, songs, games and crafts along the theme of construction.

MESSY CHURCH Our next Messy Church gathering is on Saturday 30th May when our theme will be 'Treasure hunting'. Free for the whole family, with loads of crafts, activities, songs and a Bible story, finishing off with a meal for everyone. If you've joined with us before then you will know the excitement of the event, if you haven't been before come along and experience it first hand.

ALPHA COURSE If you would like to know more about Christianity in an informal and friendly setting, then this is the course for you. It is held over ten weeks and each week starts with a meal. It is a great opportunity to ask your questions about faith and get other people's thoughts and ideas. The course is free and open to all adults. If you are interested give us a ring to find out more.

Everyone is welcome to our weekly Sunday Services at 10.30am.

Messy Church May 30th and June 27th Free

In term time there is '**Cygnets**' on Monday, 9.30-11.30am, for carers with children under school age. £2 per family.

Food Bank is held every Tuesday from 2.00—4.00pm

Hotspot offers a safe space to chat, enjoy refreshments, lunch and use of the Wi-Fi (if needed). Free to all! Thursdays 10.00am—2.00pm

Men's Coffee on alternate Friday mornings. June 5th and 19th.

Holiday Club 'Operation Build' August 3rd - 7th 9.30am -12.00 Booking details will be on the Website soon.

www.hedinghambaptist.org www.facebook.com/hedinghambaptist

For all events see details on Facebook or Website





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Email: halstead@brcdt.org

You are warmly welcomed to join us in our religious, pastoral and social activities.

A Catholic Mass is celebrated at St Nicholas' Church, Castle Hedingham, every Sunday at 9.00am.

Details of the Mass times at St Francis of Assisi Parish Church are published on our Facebook page and can also be found on Enjoy Halstead and Streetlife Halstead pages.

halstead@dioceseofbrentwood.org or
stewardofthegospel592@gmail.com
www.facebook.com/stfrancishalsteadparish



Filling Station meets on June 25th when John and Ann Coles come from London where they lead a House Church and offer support to Christian Leaders.

Please come - even if you've never been to a Filling Station meeting before. We welcome new people - especially those interested in encountering Jesus for the first time or in a deeper way.

**Castle Hedingham Memorial Hall.
 7.00pm for free food and beverage.
 7.30 start. At 9pm we aim to finish.
 The evening is free.**

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We are open every Sunday in June with diesel train rides.

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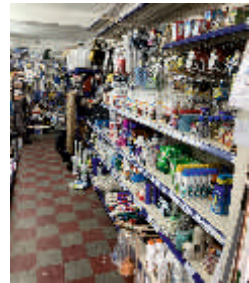
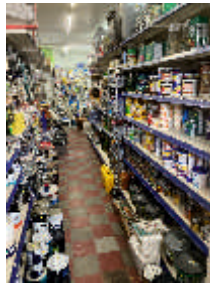
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Our current shopping list 2026

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Through our Outreach work we are making a real difference to those in food poverty in the Braintree District, helping people to get back on their feet.

Without this vital work we would continually be experiencing an even higher number of returning visitors, but there are still people who need our help within both rural and town settings.

Don't let pride stop someone not getting the help they need.

Food items

- Jam
- Chocolate
- Tinned fish
- Tinned spaghetti hoops
- Tinned Maccaroni and cheese
- Tinned Ravioli

Non food items

- Toilet Roll
- Baby wipes
- Deodorant
- Shower gel
- Washing up liquid



We have lots of ways that you can help including Fundraising. Hold a tea party, do a sponsored personal fitness challenge or just make a monetary donation it will help someone in food hunger.

W: braintreearea.foodbank.org.uk/give-help/collection-points/

T: 01376 330694

We ask for small packs as larger packs do not fit in our boxes making it difficult for our clients to carry home.

We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still used within their "use by" date (no less than six months if possible).

Registered Charity Number: 1140192 | Registered Limited Company Number: 06160618



Halstead Foodbank

St Andrew's Church

Parsonage Street,

Halstead CO9 2LD

Mondays 10—12

General Enquiries

01376 330694

Email: info@braintreearea.foodbank.org.uk

All donations will be gratefully received

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CH Women's Group

In June we enjoy our annual Cream Tea Afternoon and this year we are going to Petals Tearoom, a unique and beautifully decorated venue, with a warm and cosy atmosphere, plus delicious scones, lashings of cream, tea and coffee, of course. This is a members only event and we are booked for 2pm on Wednesday 17th June.

If you wish to join us for the Cream Tea but were not able to attend the May meeting, please contact either Sylvia or Hilda (numbers as below), to book your place as numbers must be prebooked.

We are a friendly group of ladies so why not come along and see for yourself, (except for June and December which are members only days). We will always make you welcome. Contact Sylvia on 01787 469129 for any enquires about the group.

COACH TRIPS Call Ann on 07442 180237 or Hilda on 07513 886288 to enquire or to book. Cheques payable to CHWG please.

Wednesday 24th June – Broadstairs. This is a do-as-you-please day in this lively coastal Kent town with timeless features and a laid-back atmosphere. The town has many aspects of historical interest and marine history. It was Dickens' favourite holiday spot and today includes the Dickens House Museum. Cost is £29. Please pay by 10 June.



Friday 3rd July – Rive Deben 2-Hour Cruise and Time in Woodbridge More details to follow.

Wednesday 12th August – Thursford Backstage Tour - Join us for a behind the scenes tour of the world famous Thursford Christmas Spectacular, hear the stories, and view the costume store (which houses over 2000) and uncover what goes on backstage. Lunch is included eg sandwiches, sausage roll, quiche, scone, tea and coffee etc and is followed by music on the Wurlitzer Organ and optional rides. The cost is £68 pp to include coach, tour, lunch and music. Please state dietary requirements at the time of booking. Please pay by 22nd July.

Thursday 17th September – A Tour of the Isle of Sheppey and Lunch

The cost for coach, tour, talk and fish and chips lunch is £50.

Thursday 15th October – St Ives and Carriages of Cambridge for Afternoon Tea

The cost for coach, free time in St Ives, and Afternoon Tea in these sumptuous Pullman style carriages is £67

Friday 20th November – Norwich a do-as-you-please day The cost is £29.

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What's On

MONDAY - Baby and Toddler Rhymetime 9.30 – 10.00am

Knit and Natter 10.00am – 12.00noon (*bring your own knitting and have a chat*)

Walking Group 10.00am – 12.00noon (*Meet at the library for a 3-4 mile walk.*)

Wear appropriate attire, refreshments provided afterwards

Arty Bookworms 10.30am - 11.15am



THURSDAY - Book Group Meetings 2.00 – 3.00pm *Contact library for details*

After School Craft Club 3.30 – 4.15pm



SATURDAY - Lego Coding 9.30 – 10.30am *Please book via the Essex Library website*

Baby and Toddler Rhymetime 10.00 – 10.30am

Crafts for Children 11.00am – 1.00pm

Lego Coding 2.00 -3.00pm *Please book via the Essex library website*

Puzzle Club (Adults) 2.00pm - 4.00pm

Lego Blockbuilders 2.30 – 3.30pm



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Heddingham History Group

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Village Histories series



An illustrated talk by

Jan Cole

Friday 26 June 2026 at 7.30pm

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CO9 3PX (next to The Sugar Loaves)**

Members of Heddingham History Group FREE

Non-members £5

School/students/under-25s FREE

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ALL WELCOME

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Love Your Bus 2

LOVE YOUR BUS 2 BRINGS EXTENDED SERVICES TO OUR VILLAGES

Great Yeldham Parish Council in partnership with Transport Made Simple (TMS), Castle Hedingham and Sible Hedingham Parish Councils have been successful in their three applications to the Love Your Bus programme

Love Your Bus is a community-led grant initiative launched by Essex County Council (ECC) and funded by the UK Government through the Bus Service Improvement Plan (BSIP). This funding opportunity enables Parish and Town Councils in Essex to bid for support to grow and sustain their local bus routes. It encourages community-led action and partnerships with transport providers to improve bus services.

The applications have secured funding to extend and enhance bus services from Great Yeldham, the Hedinghams, Halstead, Braintree and Colchester, vastly improving access from rural communities to major employment, healthcare and retail centres:

- Extend 88/88A north of Halstead to Great Yeldham via the Hedinghams for an hourly weekday network - £50,000
- Merge and coordinate 89/42/60 into a consistent Sudbury – Braintree corridor and extend 89 - £50,000
- Deliver a promotional free fares initiative in Great Yeldham, Sible Hedingham & Castle Hedingham to drive patronage on new/extended routes - £30,500

TMS are currently working through the operational arrangements needed to get the extended services up and running. Once a start date has been agreed, TMS will produce the updated timetable. The timetable will be published and promoted through local notice boards and the village magazine, as well as on parish websites and social media channels. Further details will be shared as soon as they are available.

Parish Council Meeting Minutes



Minutes of Sible Hedingham Parish Council Annual Parish Council Meeting Held in the Village Hall on Monday 11th May 2026 at 7pm.

Cllr Beavis was elected as Chairman and Cllr Ranson was elected as Vice Chairman – both signed a Declaration of Acceptance of Office.

All Councillors are review their Register of Interests and to notify the Clerk of any updates.

Present– Cllrs Adam, Beavis, Calver, Fennelly, Lee, Luxon, Moore, Tufnell, Young & Bass
Mrs L Slade – Clerk & three Members of the Public

Apologies were received from Cllrs Heywood, Ranson and Taylor.

Committees and their Terms of Reference – Finance; Governance, Audit and Personnel; Planning & Highways; Events & Environment; Footpaths were agreed – details on the website.

Tree Warden - Cllr Calver

Wethersfield Airbase Scrutiny Committee Members - Cllr Fennelly, Cllr Ranson and Cllr Taylor.

Police Parish Forum Representative - deferred to the meeting on 1 June 2026.

Policies and Procedures - no change to the current Financial Regulations; any future changes to be discussed by the Governance, Audit and Personnel Committee.

Standing Orders - no change to the current Standing Orders; any future changes to be discussed by the Governance, Audit and Personnel Committee.

Reserves Policy – previously circulated and agreed.

The Microsoft 365 Administration, Backup & Data Processing Policy and the associated Data Processing Agreement - previously circulated and the authorisation for the Clerk to sign the documents on behalf of the Council and to publish the policy on the Council website were agreed.

Public Comment - A resident spoke about the possibility of reopening the Social Club and his willingness to volunteer to enable this. Cllr Beavis has received an email from the owner of the property, who would like to reopen the venue for community use. Cllr Fennelly remarked this is something we should support. A meeting will be arranged to discuss this further, anyone wishing to join the meeting are welcome. This item will be on a future agenda.

Another resident commented on how good the pavement from Braintree Corner towards Gosfield now looks after the recent works to clear it.

Reports:

Chairman's Report - Cllr Beavis reported it has been a busy time recently with the local elections. On behalf of the parish council she wished to thank the outgoing County Councillor, Peter Schwier, for his contribution to the village.

Parish Council Meeting Minutes

Cllr Beavis is pleased about the direction of travel of the Seasons of Sible flower group. Our operative will plant and water the planters this year. A big thank you was given to the two residents who instigated this community group.

Ender's Touch charity is organising a fair at the football ground in July; the Parish Council would like to offer support for this. Cllr Beavis will meet with the organisers. Cllr Beavis met the internal auditor and reported the audit is about everything we do as a functioning council, the council also passed the Assertion 10 criteria. There will be a future meeting to seek advice and support on the staff pay scales.

The Medical Centre is close to a final sign-off. Cllr Beavis and Cllr Taylor met with One Medical and they hope to be onsite in the autumn.

Our new County Councillor is undergoing his induction at County Hall. We will arrange a meeting with him to introduce us as a Parish Council and discuss the issues that are important to residents in the village.

Sadly, there were some unkind comments posted on social media during the election process; Councillors continue to promote 'debate not hate' and all positive comments are welcome.

County Councillor's Report - none due to the changeover at the very recent elections.

District Councillors Reports - The District Councillors will wait for direction from the County Council after the elections. There will be a lot of change particularly with the Local Government Reform to take place.

The new recycling will begin on 1 June 2026 and a calendar with a covering letter will be arriving at everyone's door soon.

Cllr Lee wished to thank everyone who stood for our ward. Our new County Councillor will need time to settle in to his new role and we look forward to meeting him soon. Cllr Lee also thanked all Councillors for the last five years and wished the minutes to reflect this.

Wethersfield Communication and Engagement Report - There will be a new calendar of meetings sent out in due course.

BALC Report - Cllr Lee informed of a meeting with Braintree Food Bank and praised the work of the volunteers, especially with the demands of residents in the current climate. The food bank also pays for Citizens Advice to assist with debt and the reasons behind it. He reported a sense of pride in what is being done to help people. The food bank does rely on support and donations; Cllr Lee asked Councillors to consider supporting them with a donation – this will be an agenda item at the meeting on 1 June 2026.

Cllr Lee also informed he will be representing the Essex Association of Local Councils at the Buckingham Palace Garden Party on 12 May 2026.

The largest concern of the BALC Committee is the pot holes around the area.

Parish Council Meeting Minutes

There are more planning demands being placed on BDC as areas are being developed; particularly in Kelvedon and Halstead.

The next meeting date in November will be circulated; the guest speaker is the Chief Constable of Essex Police.

Finance - It was duly noted the Precept amount for 2026/27 is £116,045.00

Monthly Payments for authorisation – approved

Accounts/bank reconciliation for April 2026 – approved.

Parish Council Asset Register – approved.

Membership of BALC - at a cost of £50.00 approved.

Reports from Committees:

Finance Committee - Next meeting Thurs 28/5/26 5:00pm.

Governance, Audit and Personnel Committee - Next meeting Weds 27/5/26 5:00pm.

Planning and Highways Committee - Cllr Tufnell informed the planning application for the bus depot site at Wethersfield Road did not allow enough time for due consideration. Please see the Planning and Highways Committee minutes for full details.

Events and Environment Committee – Next meeting date to be arranged.

An agenda item at the next meeting will focus on support for the fair in July organised by Ender's Touch.

Footpaths Advisory Committee – Meeting held Weds 15/4/26 - Cllr Fennelly wished to thank Mr Slade for his hard work in laying the stones under the kissing gate on Footpath 54.

Sible Hedingham Recreation Ground Trust Committee - Confirmation of Cllrs Adam, Tufnell, Taylor, Young and Bass were agreed.

Removal of the current Trustees and register Sible Hedingham Parish Council as the Sole Trustee – agreed.

Annual Insurance - The Clerk informed she is awaiting quotations; deferred to meeting on 1/6/26.

Appointment of an Environmental Consultant - As a result of an objection by the Environment Agency concerning the application for the Garden of Remembrance extension, the parish council have appointed the company who have provided the quotation, in order to carry this work out as quickly as possible.

Skate Park – Following the 2025 Annual Inspection the quotation of £416.00 for repairs was accepted.

Car Park - This item was discussed at length and it was decided to explore control options for the management of the car park in conjunction with the consideration of a public awareness campaign.

Local Highways Issues - Cllr Adam raised a concern of the removal of a section of hedgerow and the earth having been smoothed over just up from Braintree Corner towards Gosfield. Cllr Beavis and Cllr Taylor to take a look at the concern raised.

Parish Council Meeting Minutes

Clerk's Report - The Clerk advised of the upcoming Neighbourhood Watch Annual General meeting on Wed 27/5/26 at 2:15pm at the Maurice Rowson Hall in Gosfield. The guest speaker is a member of Braintree Police. Anyone wishing to attend should inform the Clerk who will inform the organiser.

Planning Applications - Please see the Planning and Highways Committee Meeting minutes for full detail

Next Meeting: - Monday 1st June - 7pm - Hedingham Baptist Church

CASTLE HEDINGHAM PAROCHIAL CHARITIES

A Trust Fund exists in Castle Hedingham for any resident 'in need, distress or suffering hardship'

Hospital transport** can also be arranged depending on need and availability

For more information please contact the secretary

Mrs Brenda Beadle 01787 460336

** We would be pleased to hear from anyone willing to join the rota of drivers

SUDBURY AREA CANCER SUPPORT GROUP

Find events on Facebook

For more information,

contact Ruth Worsley

ruth-SACSG@outlook.com



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Sunday 29th March - 2pm	Sunday 19th July - 2pm
Sunday 26th April - 2pm	Thursday 13th August - 7pm
Sunday 17th May - 2pm	Sunday 20th September - 2pm
Sunday 26th June - 2pm	Sunday 11th October - 2pm

SAVE THE DATE

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Sunday 23rd August, 3-7pm

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Parish Council Meeting Minutes



ABRIDGED MINUTES OF A MEETING OF CASTLE HEDINGHAM PARISH COUNCIL, HELD ON MONDAY 11th MAY 2026, 6.30PM AT CASTLE HEDINGHAM CLUB

Present: Cllrs Doe, Dover, Hemes, Jones, Mowle, Smith, Southgate.

In the Chair: Cllr Southgate

Clerk: Claire Waters

Also present: None

ELECTION OF CHAIRMAN: Cllr Southgate was elected as Chairman for the year 2026-2027

ELECTION OF VICE-CHAIRMAN: Cllr Doe was elected as Vice-Chairman for the year 2026-2027. Cllrs Southgate and Doe signed their Declarations of Acceptance of Office, witnessed by the clerk

PROGRESS CHECK - Public Toilets: The Environment Agency has confirmed that disposal of chemical toilet waste from camper vans in the public toilets is illegal. A notice to this effect will be displayed in the cubicles.

Timed access locks and cleaning: The new cleaning schedule is in place and the installation of timed access locks is expected to be completed by 22nd May

HIGHWAYS & PUBLIC RIGHTS OF WAY - Sheepcot Rd: A misaligned 30mph sign has now been repositioned correctly by Village Maintenance

Sudbury Hill: Drainage problems, report ref 4036202 had been escalated with Cllr Peter Schwier. Cllr Southgate reported that the drainage crew had attended on the morning of 11th May and had cleared a tanker load of water. They recommend that this is done twice annually instead of once a year. The leak opposite on the Castle side of Sudbury Hill was confirmed to be a BT manhole cover, so this has been reported to BT for investigation. Hedingham Castle has also been informed since some of the leak may be on their land.

Bayley Street: Damaged drain cover on footpath causing trip hazard has been reported for urgent repair.

REPORTS Police/Neighbourhood Watch. Thanks were expressed to PC James Draper for attending our Annual Parish Assembly and giving a police report. Weekly Neighbourhood Watch newsletters are published at <https://castlehedingham-pc.gov.uk/neighbourhood-watch-police/>

FINANCE, AUDIT & GOVERNANCE The Parish Council asset register was reviewed and approved. The Financial and Reputational Risk Register for 2026-2027 was reviewed

Parish Council Meeting Minutes

and adopted NFU buildings insurance & Hiscox general insurance renewal to 1ST June 2027 were approved

The Annual Governance Statement was approved, and signed by the Chairman and clerk

The Annual Accounts and Accounting Statements were approved and signed by Chairman and clerk

EALC Training: Two bursary applications for Councillor training during May was signed by the two Councillors, the Chairman and clerk. This enables a bursary of £236 per Councillor, 75% of the total cost.

Grant application-RESOLVED: To approve a grant of £100 to be paid to the new Youth Club bank account. The application was to fund specialist training for the Youth Club leader but use of the grant will be at the discretion of the Youth Club. To be reviewed in August 2026 as the Youth Club establishes and grows.

Remembrance soldier-RESOLVED: The option of purchasing a life-sized soldier silhouette from a local supplier was considered, but it was agreed that the original version from the RBVE which supports British veterans in employment would be more appropriate. No purchase agreed at this time but a donation to the RBVE to be considered alongside the British Legion Remembrance Wreath grant in November 2026

ST JAMES FAIR, SATURDAY 25th JULY 2pm - 5pm Cllr Dover gave an update on plans, which will include activities at the Village Park, Club, Hall and Church. The aim is for entry to be free for all activities if possible. Village groups and sports clubs are all invited to take part and plans for the raffle are being finalised with proceeds to go to village charities. New participants and stallholders are welcome to contact Cllr Dover on wild@castlehedingham-pc.gov.uk **Action:** All plans to be updated further at the June meeting.

VILLAGE PARK AND COMMUNITY ALLOTMENT Community Allotment: Cllrs Doe and Smith agreed to act as Parish Council representatives to the Community Allotment, but neither can make Tuesday mornings which is when the allotment group meets. **Action:** Clerk to organise meeting with allotment leaders and Parish Council representatives to agree plans and operating procedures now that the BDC grant funding period has finished.

Village Park: Action: Village Park group to meet first week in June to review RoSPA inspection report.

Parish Council Meeting Minutes

LOVE YOUR BUS 2026

A Love Your Bus introductory meeting took place on 6th May. The grant award documents were noted for:

Extension of Routes 88/88A beyond Halstead to serve Great Yeldham and the **Heddinghams**

Extension of Route 89 Sudbury to Braintree and coordinated services on Routes 42, 60, and 89

Free fares initiative for journeys originating in Great Yeldham, Sible Heddingham, and Castle Heddingham

NEXT MEETINGS

Monday 8th June 6.30pm Ordinary Parish Council Castle Heddingham Club

Monday 13th July 6.30pm Ordinary Parish Council Castle Heddingham Club

The meeting closed at 7.57pm

Full minutes of meetings including planning applications and financial information are published www.castleheddingham-pc.gov.uk

Crafty Nannas

Meeting once a month on 2nd Tuesday 2pm – 4pm
The Castle Club, Church Lane, Castle Heddingham
with refreshments.

T Club

Meeting on the last Wednesday each month at The Memorial Hall, Church Lane, Castle Heddingham 2pm – 4pm. A club where older people can enjoy a chat. Refreshments & raffle.
Admission £2.50p.

Should you wish to know further details about any of these activities, please contact:

Jayne Laken on 07458 300 903

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CH Cricket Club



Castle Heddingham Cricket Club

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Sunday	7 th June	Sudbury	1300
Sunday	28 th June	Copdock & Old Ipswichian	1330

Full details can be found at our website:-
www.castleheddingham.play-cricket.com

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Pebmarsh Village Hall CO9 2NS

Sun 7th June 2026

11am-5.30pm

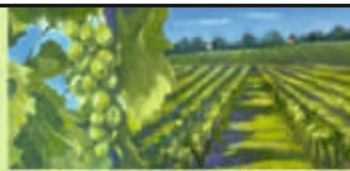


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£20 entrance per person to include
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FUNERAL INCLUDES:

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- Transport of deceased to Crematorium
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- Crematorium fees
- Collection of cremated remains

Funeral Cost Estimator

We all know a passing is difficult, that is why at Michael J Walsh Funeral Directors and Dunmow Crematorium we like to be as transparent as possible, by giving you the reassurance that the funeral cost will be kept to a minimum, with no unexpected surprises when it comes to receiving the bill. Which is why we have included a cost estimator on our website. You can find this under the funeral tab on walshfunerals.com

Please see our website walshfunerals.com for more details or phone us on **01371 856274** or email info@walshfunerals.com

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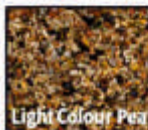
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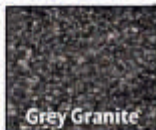
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CH Gardening Club

Hi everyone, we will all be busy now June is here making sure our gardens and greenhouses are ready for us to enjoy - let us hope we have a great Summer like last year.

We are now looking forward to our Annual Plant Sale; it's always such an enjoyable, well supported event.

For our last afternoon meeting until September we had a talk given by Roger Hance entitled 'Nature Through The Seasons, Part one Spring and Summer'. Roger is a very knowledgeable and interesting speaker; he illustrated his talk with some stunning slides of various species of birds, wild animals and flowers.

Our trips this Summer will be:

June 11th Hyde Hall.

July 9th Fullers Mill.

We wish you a very happy Summer season in your gardens and look forward to seeing you all on September 11th.

Our meetings are held on the second Thursday of the month 2pm at the Memorial Hall, Castle Hedingham. If you are not a member but would like to come along as a visitor you will be so welcome. We are a very friendly group of people and are always pleased to see a new face.

Bye for now,

Christine, Jean, Maureen, Suzanne, Michael and Brenda.

Chairman Christine Lucock 01206 210872.

Secretary Jean Collings 01787 461663.

Treasurer Maureen Lofting 01787 463343.



GARDENING TIPS FOR JUNE

- 1 Plant up summer hanging baskets and containers
- 2 Use water wisely to keep your plants thriving
- 3 Pinch out sideshoots on tomatoes
- 4 Harvest lettuce, radish, other salads and early potatoes
- 5 Hoe borders regularly to keep down weeds
- 6 Mow lawns once a week if needed – but consider leaving some areas uncut for wildlife
- 7 Plant out summer bedding
- 8 Stake tall or floppy plants
- 9 Prune many spring-flowering shrubs
- 10 Shade greenhouses to keep them cool and prevent scorch

First Hedingham Guides



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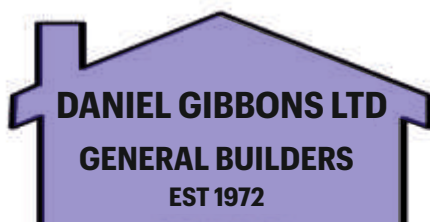
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Heddingham Heritage Society

Thursday 4th June 2026

THE AGRICULTURAL REVOLUTION IN ESSEX

From the 18th century, Britain underwent a significant transformation in the way it managed and farmed land. In this talk, Neil Wiffen from the Essex Records Office will draw on archive material to illustrate how Essex saw a steady shift to cereal farming and market gardening. Members free, guests £5

**7.30 pm CASTLE HEDDINGHAM
MEMORIAL HALL CO9 3DA**



Thursday 2nd July 2026

THE DE VERES & BURES CHAPEL

On the opposing hillside to the famous Bures Dragon outside the village of Bures, lies St. Stephen's Chapel. Built on the spot where King Edmund is believed to have been crowned, it also houses the tombs of the three Earls of Oxford. The story of how they came to be here is the subject of this talk by local historian, Jan Cole. Members free, guests £5

**7.30 pm CASTLE HEDDINGHAM
MEMORIAL HALL CO9 3DA**



Trudi: 07768787777 Mark: 07906472636

www.heddinghamheritage.org.uk

heddinghamheritage@gmail.com



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Advertising Rates

The Hedinghams Parish Magazine

The magazine is an A5 size booklet delivered free of charge to over 2600 households in Sible and Castle Hedingham. There are 10 issues per year, with joint editions for July/August and December/January.

The advertising 'year' runs from April to March - below are the advertising costs for April 2026 - March 2027 (10 issues)

Size of Advert	Annual Rate (10 issues)	Single Issue Rate
¼ page	£175	£20
½ page	£350	£42
Full Page	£680	£78
Advertorials	N/A	400 words & images £125

Magazine Deliveries

Thank-you to all those who kindly deliver this magazine around the two villages. Your assistance is greatly appreciated. If others would like to help, please contact:

Castle: Sue Southgate 461638

Sible: hedparmag@gmail.com

'Copy by' Dates 2026-27

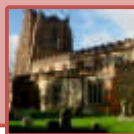
Jul/Aug	11th Jun
Sep	13th Aug
Oct	10th Sep
Nov	15th Oct
Dec/Jan	12th Nov
Feb	14th Jan
Mar	11th Feb

Please note that by submitting articles & advertisements containing personal information subject to GDPR you are consenting to the use of this information in the Hedinghams Magazine. This consent may be withdrawn at any time by contacting the editor at hedparmag@gmail.com

We are pleased that local tradesmen and service providers advertise with us, and we hope you support them. However, we do not check or endorse them in any way.



Parish Contacts



1st Hedingham Guides	Kathie Hoyer	hedingham.guides@btinternet.com
Alderford Water Mill	Dave Horne	07922 487 467
Beavers, Cub Scouts & Scouts	Stuart Carter	01449 259 046
Bellringers St Nicholas's	David Newton	07919 043 544
Bellringers St Peter's	Janice Watkins	01787 460 900
Book Group	Alison Cantor	01787 462 537
Cancer Support Group (Sudbury)	Ruth Worsley	ruth-SACSG@outlook.com
C/Hed Bowls Club	Tony Hayward	axel54tony@gmail.com
C/Hed Club	Clive Clark	chairman@castlesocialclub.co.uk
C/Hed Friday Art Group	Dawn Howard	07868 520 617
C/Hed Gardening Club	Maureen Lofting	01787 463 343
C/Hed Cricket Club	Terry Jackson	07870 566 865
C/Hed Memorial Hall Bookings	Ann Edney	07736 239 599
C/Hed Parish Council Clerk	Claire Waters	clerk@castlehedingham-pc.gov.uk
		07845 056 597
C/Hed Parish Council Chair	Garry Southgate	01787 461 638
C/Hed Parochial Charities	Brenda Beadle	01787 460 336
C/Hed Tennis Club	Sam Stent	01787 463 657
C/Hed Women's Group	Sylvia Anderson	01787 469 129
Castle Players	Alan Rees	07964 024 082
Essex Wellbeing Service		0300 303 9988
Explorer Scouts	Adam Hearn	07447 443 390
Friends of St Nicholas' Church	Garry Southgate	01787 461 638
Hedingham Baptist Church	Gary Wilson	07761 885 418
Hedingham History Group	Jan Cole	01787 829 317
Hedingham Medical Centre		01787 461 465
Hedingham Singers	Bob Lilley	07790 573 435
Hedingham United Football Club	Steve Parsons	07488 362 530
Hedinghams District Councillors	Jo Beavis	07771 984 365
	Wendy Taylor	07950 708 780
Heritage Society	Trudi Cullum	07768 787 777
Library	169 Swan Street	0345 603 7628
Molly's Wood	Jane Postma	07759 944 215
Rector	Rev Justin Tomkins	01787 237 211
S/Hed Parish Council: Clerk	Lesley Slade	01787 462 568
S/Hed Parish Council Chair	Jo Beavis	07771 984 365
S/Hed Village Hall Bookings	Fiona Earey	07739 582 028
St Nicholas's Churchwarden	Sue Southgate	01787 461 638
St Peter's Churchwarden	Tracy Goodchild	07530 244 799
T Club)		
Crafty Nannas)	Jayne Laken	07458 300 903

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